Pre-Health Professions Concentration
Courses available through CSU Online

Many students pursuing an HDFS degree plan to apply to graduate or professional programs in a variety of health professions. The Pre-Health Professions Concentration prepares students for these careers and supports their goals of obtaining graduate training. Some of the careers students in this concentration pursue are: allied health practitioner, anesthesiologist assistant, child life specialist, chiropractor, dentist, medical doctor, music therapist, naturopathic or complementary medicine practitioner, nurse, occupational therapist, optometrist, pharmacist, physical therapist, physician’s assistant, podiatrist, speech and language pathologist, or veterinarian. The courses within this concentration include a focus on science and also help prepare students to work with individuals (and their families) with disabilities, mental and physical illness, or those experiencing death, dying, or grief.

In addition, students in this concentration are strongly encouraged to consult with graduate programs for specific course (and corresponding course prerequisite) recommendations, as prerequisite requirements vary for graduate and professional programs.

Students must earn a “C” or higher in concentration courses.
Courses may NOT double count for courses fulfilling AUCC, other HDFS requirements, or a second concentration.

Students must complete a minimum of 15 credits from the course options below for Pre-Health Professions Concentration; with at least 9 credits of HDFS prefix courses and 12 credits of upper division.

**HDFS courses (at least 9 credits must be HDFS prefix courses)**
- HDFS 317 (3) Special Needs in Early Childhood (SLP) (typically offered fall and summer)
- HDFS 320 (3) Cognitive and Language Development (SLP) (typically offered fall and summer)
- HDFS 332 (3) Death, Dying and Grief (GIM, CLS) (typically offered every term)
- HDFS 401 (3) Childhood Socialization (CLS) (typically offered fall and spring)
- HDFS 404 (2) Child Life Theory and Practice (CLS) (typically offered every term)
- HDFS/FSHN 445 (3) Health, Safety & Nutrition in Early Childhood (General) (typically offered every term)

**Additional concentration courses (6 or less credits may be from the list below)**
- BMS 300 (4) Principles of Human Physiology (CLS, PA, OT, PHARM, PT, OPT, N, AA, NM) (typically offered every term)
- FSHN 444 (1) Nutrition and Aging (GIM) (typically offered fall only)
- HES 444 (2) Successful Aging: Role of Physical Activity (GIM) (typically offered summer only)
- OT 110 (3) Introduction to Occupational Therapy (OT) (typically offered every term)
- OT 215 (1) Medical Terminology (OT, CLS) (typically offered every term)
- PSY 252 (3) Mind, Brain, and Behavior (OT) (typically offered every term)
- PSY 320 (3) Abnormal Psychology (OT, PT, PA, Allied Health requires 1 UD PSY course) (typically offered every term)

**Additional credential students are encouraged to explore:**
More courses may be needed to acquire the credential.
Students should research the requirements before applying for the credential.

**Gerontology Interdisciplinary Minor**
Courses from this concentration’s list that qualify for students wishing to pursue this minor:

1. FSHN 444 (1) Nutrition and Aging
2. HES 444 (2) Successful Aging: Role of Physical Activity
3. HDFS 332 (3) Death, Dying and Grief

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