Advising Recommendations for HDFS
Career Lifespan Option (LO): Adolescents and Families

*Students must earn a “C” or better in courses to count towards the career interest requirement.

CI courses may NOT double-count for AUCC or other HDFS requirements.

These lists are to assist students who started the HDFS major prior to FALL 2015 in choosing courses relevant to their career goals. Students must select at least 5 courses consisting of a minimum of 14 credits total, selected from approved lists including at least one Career Interest (CI) and one Lifespan Option (LO) course, while ensuring one is prepared for their desired career path.

Courses listed here are often useful for careers working with adolescents and their families; however, the specific career you plan to pursue should determine which courses you select from pre-approved Career Interest (CI) handouts (i.e. Early Childhood and Elementary Education, Health Professions, Graduate School/Research, Counseling, Community and Human Services, or Child Life Specialist).

- E 405 - Adolescents’ Literature (3 cr.)
- FSHN 150 – Survey of Human Nutrition (3 cr.)
- HDFS 401 - Childhood Socialization (3 cr.)
- HDFS 470 – Campus Corps (Learning Community) (3 cr.) requires application
- IE 471 - Children and Youth in Global Context (3 cr.) Currently offered only through CSU Online in spring [www.online.colostate.edu](http://www.online.colostate.edu)
- OT 355 – Disability Experience in Society (2)
- PSY 228 - Psych. of Human Sexuality (3 cr.)
- PSY 320 - Abnormal Psychology (3 cr.)
- PSY 327 – Psychology of Women (3 cr.)
- SOWK 371B - Juvenile Offenders (3 cr.)
- SOWK 371D - Substance Abusers (3 cr.)
- SOC 333 - Gender Roles in Society (3 cr.)
- WS 200 – Introduction to Women’s Studies (3 cr.)

Students interested in teaching child development, family studies, parenting, life skills, and financial resource management at the secondary level (junior and senior highs) may want to investigate the Family and Consumer Science Teacher Licensure Program. This is an interdepartmental degree offered through the Center for Educator Preparation. For more information, contact Dawn Mallette at 970-491-5319 or [dawn.mallette@colostate.edu](mailto:dawn.mallette@colostate.edu).