Advising Recommendations for HDFS
Career Interest (CI) Option:

Health Professions

*Students must earn a “C” or better in courses to count towards the career interest requirement. CI courses may NOT double-count for AUCC or other HDFS requirements.

These lists are to assist students who started the HDFS major prior to FALL 2015 in choosing courses relevant to their career goals. Students must select at least 5 courses consisting of a minimum of 14 credits total, selected from approved lists including at least one Career Interest (CI) and one Lifespan Option (LO) course, while ensuring one is prepared for their desired career path; however, note that certain courses may be required for certain particular health professions.

Graduate or Professional Programs are required to pursue careers in most health professions. Courses listed here are often useful for students pursuing advanced education in the health professions such as physical therapy, physician’s assistant, nursing, occupational therapy, and other health professions:

If you are interested in a career in the health professions it is highly suggested that you meet with a Health Professions Advisor, located in TILT, (970) 491-7095. Many professional programs require courses other than Human Development and Family Studies degree requirements.

(See specific program for which you are applying for exact prerequisite requirements/recommendations):

- BMS 300 - Principles of Human Physiology (4 cr.)
- BMS 301 – Human Gross Anatomy (5 cr.)
- BMS 345 – Functional Neuroanatomy (4 cr.)
- BMS 450 – Pharmacology (3 cr.)
- BZ 350 – Molecular and General Genetics (4 cr.)
- BZ 433 – Behavioral Genetics (3 cr.)
- CHEM 345 – Organic Chemistry I (4 cr.)
- FSHN 150 – Survey of Human Nutrition (3 cr.)
- HES 344 – Methods of Health Education (3 cr.)
- HDFS 332 - Death, Dying, & Grief (3 cr.)
- LIFE 201 - Introductory Genetics (3 cr.)
- LIFE 210 - Intro Eukaryotic Cell Biology (3 cr.)
- LIFE 205 – Survey of Microbial Biology (3 cr.)
- LSPA 346 – Spanish for Health Care (3 cr.)
- MIP 315 - Human and Animal Disease A (3 cr.) or B (4 cr.)
- OT 110 – Introduction to Occupational Therapy (3 cr.)
- OT 215 - Medical Terminology (1 cr.)
- OT 355 – Disability Experience in Society (2 cr.)
- PHIL 305B – Philosophical Issues: Medical-life science (3 cr.)
- PSY 228 - Psych. of Human Sexuality (3 cr.)
- PSY 252 Mind, Brain, and Behavior (3 cr)
- PSY 454 – Biological Psychology (3 cr.)
- SOCR 330 – Principles of Genetics (3 cr.)
- SPCM 334 – Co-Cultural Communication (3 cr.)

Handouts on preparing for Nursing, Occupational Therapy, and Physician Assistant careers/programs are available online at: http://hp.casa.colostate.edu/