Advising Recommendations for HDFS
Career Lifespan Option (LO):

*Students must earn a “C” or better in courses to count towards the career interest requirement.
*CI courses may NOT double-count for AUCC or other HDFS requirements.

These lists are to assist students who started the HDFS major prior to FALL 2015 in choosing courses relevant to their career goals. Students must select at least 5 courses consisting of a minimum of 14 credits total, selected from approved lists including at least one Career Interest (CI) and one Lifespan Option (LO) course, while ensuring one is prepared for their desired career path, such as the Early Childhood Major with teacher licensure or Child Life Specialist.

Courses listed here are often useful for careers working with children and their families; however, the specific career you plan to pursue should determine which courses you select from pre-approved Career Interest handouts (i.e. Early Childhood and Elementary Education, Health Professions, Graduate School/Research, Counseling, Community and Human Services, or Child Life Specialist).

- D 324 – Teaching Creative Movement for Children (2 cr.)
- FSHN 150 – Survey of Human Nutrition (3 cr.)
- HDFS 217 - Creative Experiences for Children (3 cr.)
- HDFS 286 - Practicum (3 cr.)
- HDFS 317 – Special Needs in Early Childhood (3 cr.) offered through CSU Online only
- HDFS 318 – Infancy and Toddlerhood (3 cr.) (spring only course on campus)
- HDFS 320 - Cognitive and Language Development (3 cr.) (spring only course on campus)
- HDFS 345 – Early Childhood Health, Safety, and Nutrition (3 cr.)
- HDFS 351 – Promoting Early Socioemotional Competence (3 cr.) offered through CSU Online only
- HDFS 375 - Programming for Children & Families (3 cr.) (fall only course on campus)
- HDFS 401 - Childhood Socialization (3 cr.)
- HDFS 439 – Administration of Childhood Centers (3 cr.) (fall only course on campus)
- IE 471 – Children and Youth in Global Context (3 cr.) Currently offered only through CSU Online in spring
- OT 355 – The Disability Experience in Society (2 cr.)
- PSY 460 – Child Exceptionality and Psychopathology (3 cr.) (spring only course on campus)
- SOWK 371A – Social Work with Selected Populations - Children and Families (3 cr.)