The Human Development and Family Studies Concentration is a general concentration that is available to HDFS majors who do not choose one of the more specific concentrations. This general concentration is an excellent choice for students who are interested in a lifespan or more general focus in HDFS and are not seeking the specialized training offered in one of the other four concentrations. Students choosing this concentration will be preparing to enter a variety of careers or graduate programs. This concentration will not be listed on transcripts.

Students must earn a “C” or higher in concentration courses. Courses may NOT double count for courses fulfilling AUCC, other HDFS requirements, or a second concentration.

**Human Development and Family Studies Concentration**

**Courses available through [CSU Online](#)**

Students must complete a minimum of 15 credits from the course options below for the HDFS General Concentration; with at least 9 credits of HDFS prefix courses and 12 credits of upper division.

**HDFS courses (at least 9 credits must be HDFS prefix courses)**

- HDFS 201 (3) Perspectives on Aging (typically offered summer only)
- HDFS 217 (3) Creative Experiences for Children (typically offered fall and summer)
- HDFS 286 (3) Practicum (typically offered every term)
- HDFS 317 (3) Special Needs in Early Childhood (typically offered fall and summer)
- HDFS 318 (3) Infancy and Toddlerhood (typically offered fall and summer)
- HDFS 320 (3) Cognitive and Language Development (typically offered fall and summer)
- HDFS 332 (3) Death, Dying and Grief (typically offered fall and summer)
- HDFS 403 (3) Families in the Legal Environment (typically offered spring and summer)
- HDFS 404 (2) Child Life Theory and Practice (typically offered fall and summer as well as spring in odd years)
- Students may choose only one course among HDFS 410, 411, and 412:
  - HDFS 410 (3) Socioemotional Development in Childhood* (available Fall 2016)
  - HDFS 411 (3) Developmental Transitions in Adolescence* (available Fall 2016)
  - HDFS 412 (3) Mental and Physical Health in Adulthood* (available Fall 2016)
- HDFS 439 (3) Administration of Early Childhood Programs (typically offered spring and summer)

**Additional concentration courses (6 or less credits may be from the list below)**

- FSHN 444 (1) Nutrition and Aging (typically offered fall only)
- HES 444 (2) Successful Aging: Role of Physical Activity (typically offered summer only)
- IE 471 (3) Children and Youth in Global Context (typically offered spring only)
- POLS 460 (3) Public Policy Process (typically offered fall and spring)
- PSY 228 (3) Psychology of Human Sexuality (typically offered every term)
- PSY 252 (3) Mind, Brain, and Behavior (typically offered every term)
- PSY 320 (3) Abnormal Psychology (typically offered every term)
- PSY 460 (3) Childhood Exceptionality and Psychopathology (typically offered every term)
- SOWK 371E (3) Social Work with Selected Populations-Social Gerontology (typically offered summer only)

**Additional credentials students are encouraged to explore:**

*More courses may be needed to acquire the credential.*

*Students should research the requirements before applying for the credential.*

**Gerontology Interdisciplinary Minor**

Courses from this concentration’s list that can also be applied to this minor:

1. HDFS 201 (3) Perspectives in Gerontology
2. HDFS 332 (3) Death, Dying and Grief
3. HDFS 403 (3) Families in the Legal Environment
4. HDFS 412 (3) Mental and Physical Health in Adulthood
5. FSHN 444 (1) Nutrition and Aging
6. HES 444 (2) Successful Aging: Role of Physical Activity
7. SOWK 371E (3) Social Work with Selected Populations-Social Gerontology

**Certified Family Life Educator**

Courses from this concentration’s list that can also be applied to this credential:

1. HDFS 286 (3) Practicum
2. HDFS 403 (3) Families in the Legal Environment
3. PSY 228 (3) Psychology of Human Sexuality

Updated 2/10/2016