Human Development and Family Studies Concentration
The HDFS Concentration is available to HDFS majors who do not choose one of the more specific concentrations. This general concentration is an excellent choice for students who are interested in a lifespan or more general focus in HDFS and are not seeking the specialized training offered in the other four concentrations. Students choosing this concentration will be preparing to enter a variety of careers or graduate programs. This concentration will not be listed on transcripts. See the back of this document for additional credentials to explore.

Students must earn a “C” or higher in concentration courses.
Courses may NOT double count for courses fulfilling AUCC, other HDFS requirements, or a second concentration.

**Students must complete a minimum of 15 credits from the course options below for the HDFS General Concentration; with at least 9 credits of HDFS prefix courses and 12 credits of upper division.**
* indicates the course is offered online

### HDFS courses (at least 9 credits must be HDFS prefix courses)

- HDFS 201 (3) Perspectives in Gerontology* (typically fall only course on campus)
- HDFS 217 (3) Creative Experiences for Children*
- HDFS 286 (3) Practicum* (delivered through Canvas)
- HDFS 317 (3) Special Needs in Early Childhood* (online delivery only)
- HDFS 318 (3) Infancy and Toddlerhood* (typically spring only course on campus)
- HDFS 320 (3) Cognitive and Language Development* (typically spring only course on campus)
- HDFS 332 (3) Death, Dying and Grief*
- HDFS 403 (3) Families in the Legal Environment* (typically fall only course on campus)
- HDFS 404 (2) Child Life Theory and Practice* (typically spring only course on campus, offered in even years)
- Students may choose only one course among HDFS 410, 411, and 412:
  - HDFS 410 (3) Socioemotional Development in Childhood* (available Fall 2016)
  - HDFS 411 (3) Developmental Transitions in Adolescence* (available Fall 2016)
  - HDFS 412 (3) Mental and Physical Health in Adulthood* (available Fall 2016)
- HDFS 439 (3) Administration of Early Childhood Programs* (typically fall only course on campus)
- HDFS 470 (3) Campus Connections Learning Community (Mentor or Mentor Coach) requires application
- HDFS 497A (3) HDFS Peer Advising; requires application and acceptance; 3.0 GPA
- HDFS 497B (1-2) SOUL; contact faculty advisor to arrange credit; details on HDFS website

### Additional concentration courses (6 or less credits may be from the list below)

- D 324 (2) Teaching Creative Movement for Children (typically spring only- override needed as HDFS major)
- ETST 405 (3) Ethnicity, Class, and Gender in the U.S.
- FSHN 150 (3) Survey of Human Nutrition
- FSHN 444 (1) Nutrition and Aging* (delivered through Canvas)
- HES 444 (2) Successful Aging: Role of Physical Activity* (delivered through Canvas)
- HONR 499 (3) Senior Honors Thesis (Honors students only)
- IE 471 (3) Children and Youth in Global Context* (online delivery only; typically offered spring only)
- OT 355 (2) The Disability Experience in Society
- PHIL 205 (3) Introduction to Ethics
- PHIL 327 (3) Philosophy of Behavioral Sciences (typically fall only)
- POLS 460 (3) Public Policy Process*
- PSY 228 (3) Psychology of Human Sexuality*
- PSY 252 (3) Mind, Brain, and Behavior* (spring only for HDFS majors)
- PSY 310 (3) Basic Counseling Skills
- PSY 320 (3) Abnormal Psychology*
- PSY 454 (3) Biological Psychology
- PSY 460 (3) Childhood Exceptionality and Psychopathology*
- PSY 492A-F (3) Seminar – topics change per term
- SOWK 371A (3) Social Work with Selected Populations-Children and Families
- SOWK 371B (3) Social Work with Selected Populations- Juvenile Offenders (typically fall only)
- SOWK 371C (3) Social Work with Selected Populations- Adult Offenders (typically spring only)
- SOWK 371D (3) Social Work with Selected Populations- Substance Abusers (typically spring only)
- SOWK 371E (3) Social Work with Selected Populations-Social Gerontology* (typically spring only on campus)
- SPCM 334 (3) Co-Cultural Communication

Updated 11/10/15
Additional credentials students are encouraged to explore with the Human Development and Family Studies Concentration:

More courses may be needed to acquire the credential.
Students should research the requirements before applying for the credential.

Gerontology Interdisciplinary Minor

Courses from this concentration’s list that can also be applied to this minor:
1. HDFS 201 (3) Perspectives in Gerontology
2. HDFS 332 (3) Death, Dying and Grief
3. HDFS 403 (3) Families in the Legal Environment
4. HDFS 412 (3) Mental and Physical Health in Adulthood
5. FSHN 444 (1) Nutrition and Aging
6. HES 444 (2) Successful Aging: Role of Physical Activity
7. SOWK 371E (3) Social Work with Selected Populations-Social Gerontology

Certified Family Life Educator

Courses from this concentration’s list that can also be applied to this credential:
1. HDFS 286 (3) Practicum
2. HDFS 403 (3) Families in the Legal Environment
3. PSY 228 (3) Psychology of Human Sexuality