After the 12-week completion of Campus Corps, mentors and mentees are permitted to establish communication outside of the Campus Corps setting. This could include communication via phone, text message, email, social media, or in person. It is essential that mentors understand that they are in a position of trust and must uphold the highest standards of behavior long after Campus Corps ends. After the 12-week CC program, it is not unusual for a mentee and a mentor to stay in touch for years and in some cases long after the mentee turns 18. However, it is essential that mentors remember that once you are a mentor you are always a mentor and role model, no matter how many years go by or how old your mentee is. If you maintain contact with your mentee, you are expected to continue in accordance with your CC training as a mentor and in signing this agreement agree to act accordingly.

- **Social media communication**
  - Mentors are expected to maintain the character and conduct of a positive role model at all times for their mentee. This is particularly important in reference to social media (such as Facebook, Instagram, Twitter, etc). Mentors need to be conscious of how they are portrayed in photos, postings, and overall presentation on social media. If the mentor feels that they cannot meet this standard, they should not use this form of communication with their mentee. Mentors who use this type of communication must use this with great care including adjusting their privacy settings and evaluate in general the nature of the content they post on these sites. As a professional, this is an important practice in general.

- **Don’t make promises you can’t keep**
  - Mentors should not establish unrealistic expectations or make promises they cannot keep. It is understandable if mentors cannot commit to a certain level of communication after the completion of the Campus Corps program and in fact no continued communication is expected. However, if a mentor does choose to continue communication, it is critical that the mentor be consistent and dependable.

- **Once a mentor, Always a mentor**
  - Mentors should remember their role is a mentor and what that means. YOU are in a position of trust, a guide, and role model. You are NOT a counselor, therapist, friend, or someone to have an intimate relationship with. Being clear with yourself and your mentee is critical.

- **Say goodbye properly**
  - It is acceptable for mentor-mentee pairs to decide to NOT communicate after the completion of Campus Corps or at any time. In this instance, the mentoring relationship must be given a proper closing, with appropriate opportunities for saying goodbye. Mentors should model the healthy closure of a relationship. You will be given opportunities to do this in the final weeks of Campus Corps including letter writing, a graduation ceremony, and other goodbye rituals.

- **Always seek help if an issue arises that is of concern**
  - Mentors are expected to keep information that mentees share confidential, as is consistent with the previous confidentiality agreement for during Campus Corps.
However, if the mentee shares anything of concern (i.e. depression, abuse, suicidal thoughts, or harm to self or others) contact a Campus Corps leader immediately to get help with guidance in helping your mentee. This is the same as in the Campus Corps program with the requirement to tell the persons in charge immediately about issues of concern so that professional assessment and intervention can be implemented. This is a time when the information needs to NOT remain confidential, even if it is several years or semesters after you were in Campus Corps.

If a situation ever does come up you should:

- Listen to the mentee fully and do not ignore the situation.
- Encourage your mentee to talk to their parents, a school counselor, teacher, or other trusted adult immediately.
- Contact Campus Corps professional staff for immediate assistance (970-492-4004 or 970-988-9811).
- Inform your mentee of the emergency numbers that will be listed on the Campus Corps website, and encourage them to call.
- CALL 911 if you ever think a mentee is in any danger to self or others.
- CALL the mentees parents if you ever think a mentee is in danger to self or others.
- Do not UNDER REACT to worrisome situations TELL SOMEONE!

✓ NO intimate relationships, never, ever, ever.

- Mentors NEVER enter into any kind of an intimate or sexual relationship with a mentee. It does not matter if it is two, three, or ten years later, a mentor-mentee relationship can never be anything more.
- If a mentee ever begins behaviors that are inappropriate (i.e. expresses liking or loving you, sexual interest in you, flirtation, etc.), put a stop to this immediately. Campus Corps professional staff members are available to brainstorm how to do this.
- It is critical that mentees do not mistake your caring for romantic interest. Tell them right way that this is inappropriate and the relationship will be discontinued if they continue. Also let a Campus Corps professional staff member know immediately so we can guide you in successfully resolving the situation. In some cases it may be appropriate for the Campus Corps professional staff to intervene with parents and others as necessary. We can also get the mentee a new mentor if necessary and/or help you end the relationship. You don’t ever want to give off any signals that are in a romantic direction AT ALL.

✓ In some cases your mentee will continue in CC with another mentor

- Please uphold a professional relationship with Campus Corps and your mentee. If you ever have a concern about how we are managing a situation in Campus Corps, please do not discuss this with the mentee or the mentee’s family (which is unprofessional). Instead contact us at Campus Corps and we can talk to you directly. Please do not discuss program concerns with the mentee or their families EVER.

I ________________________________________________ have read and understand the Post-Campus Corps Contact Agreement. I agree to comply with the standards, which are hereby presented, acting accordingly as a positive role model for my mentee or appropriately closing the relationship. If I do continue communication with my mentee, I agree to follow the above practices.

______________________________________________  __________________________
Mentor Signature                                    Date

______________________________________________  __________________________
Mentor Name (Printed)                               Mentee Name (Printed)

Revised 4 29 2013
Save this document for future reference

Post Campus Corps Resources

What should you do if your mentee contacts you about self-harm, suicide, or any crisis concerns AFTER the completion of Campus Corps?

*Don’t hesitate to seek help. Tell someone!!*

### Resources and Contact Numbers

<table>
<thead>
<tr>
<th>Resources and Contact Numbers</th>
<th>Phone Numbers</th>
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| Campus Corps Office (business hours) | (970) 492-4004  
(970) 988-9811 |
| Campus Corps Faculty | (970) 491-2171 Jen Krafchick  
(970) 491-6922 Toni Zimmerman |
| CSU Center For Couple and Family Therapy | (970) 491-5991 |
| National Suicide Prevention Lifeline | 1-800-273-TALK (8255)  
[http://www.suicidepreventionlifeline.org/](http://www.suicidepreventionlifeline.org/) |
| Alliance for Suicide Prevention of Larimer County | 1-800-273-TALK (8255)  
| Touchstone Health Partners | Weekdays 8-5pm (970) 221-2114  
After Hours & Weekends (970) 221-5551 |
| SAVA (Sexual Assault Victim Advocates) | 24 hour crisis line (970) 472-4200  
| Crossroads Safehouse (relationship abuse) | 24 hour crisis line 970-482-3502  
1-888-541-SAFE (7233) [Se habla español]  
| Immediate concerns | Call 911  
Call parents/guardians  
Advise mentee to go to the nearest hospital emergency room |

### Reminders to all mentors:

- Don’t hesitate to seek help. Tell someone!!
- Social Media Communication – be appropriate with all social media postings
- Don’t make promises you can’t keep
- Once a mentor - always a mentor
- Say goodbye properly
- Always seek help if an issue arises that is of concern
- NO intimate relationships, never, ever, ever.
- In some cases your mentee will continue in Campus Corps with another mentor.

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